

b. have lamps far from me
and take off the main
light

c. get an electrician to
install a dimmer (dimming
dial controller);

i.e.: to control
the dimness of the
light

3. The optician (receptionist)
also advised that
a. In sha Allah, the
light sensitivity will
go after some time, after
I deal with it positively
(i.e.: implement (some of)
the above etc etc
— on point 2. — wa
Allahu A'lam